

Hartrisha Kaur (Dhindsa) Uchida

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Irvine, CA

Professional Summary

Evaluation and applied research professional with 6+ years of experience leading mixed-methods evaluation and research initiatives in education, youth development, and applied learning settings. Expertise in stakeholder engagement, statistical analysis, survey design, program evaluation, and translating complex findings into actionable insights. Experienced project manager and higher education instructor with a background in applied psychological research, cross-functional collaboration, and responsible integration of AI-assisted tools into research and instructional workflows.

Professional Experience

Associate Faculty: *January 2020 - Present*

Irvine Valley College

Senior Evaluation Associate/Project Manager: *November 2022 - August 2025*

Claremont Evaluation Center at Claremont Graduate University

Evaluation Associate: *August 2019 - November 2022*

Claremont Evaluation Center at Claremont Graduate University

Graduate Student Researcher: *August 2017 - December 2019*

California State University, Fullerton

Technical & Research Skills

- **Quantitative Analysis & Statistical Modeling:** Advanced training in quantitative methods and psychometrics using R/RStudio, SPSS, JASP, and Excel, including multivariate analysis, Bayesian statistics, structural equation modeling (SEM), factor analysis, regression-based approaches, and applied statistical modeling
- **Data Visualization & Reporting:** Tableau, automated reporting workflows, dashboard development, data storytelling, stakeholder reports
- **Survey Programming & Data Collection:** Qualtrics, SurveyMonkey, Google Forms
- **Research Methods:** Mixed-methods evaluation, survey design, observational protocols, interview and focus group facilitation
- **Qualitative Methods:** Thematic analysis in Dedoose, qualitative coding, stakeholder interviews, focus groups
- **Program Evaluation & Fieldwork:** Site observations, evaluation capacity building, data interpretation, continuous quality improvement (CQI)
- **Presentation & Communication:** Stakeholder presentations, instructional facilitation, communicating findings to diverse audiences
- **Project Management & Collaboration:** Cross-functional collaboration, stakeholder engagement, team supervision, training and mentorship
- **Productivity & Workflow Tools:** Microsoft Office Suite, Google Workspace

Current and Past Evaluation Projects

Introductory Psychology Initiative (IPI), Irvine, CA: 2021 - Present

- Developed/refined curriculum from the APA and trained peer mentors for supplemental instruction aimed at improving completion rates in introductory psychology courses
- Assessed the impact of supplemental instruction on student performance and retention using Tableau
- Mentored students in conducting research and evaluating the efficacy of the supplemental instruction program
- Presented research findings at a regional psychology conference
- Published findings in an academic journal to contribute to evidence-based educational practices

After-School All-Stars, Los Angeles County, CA: 2020 - August 2025

- Led and supported mixed-methods evaluation activities for a large-scale afterschool program serving youth in underserved communities
- Managed evaluation workflows including survey design, statistical analysis, observational protocol implementation, and stakeholder reporting
- Facilitated relationships with stakeholders to ensure use of evaluation findings (programmatic improvements, leadership decisions, and organizational changes)
- Contributed to report writing and presented findings to key stakeholders
- Trained new evaluation associates in key evaluation processes, including survey design, statistical analysis, and report writing
- Monitored and supervised team members throughout the evaluation process
- Developed automated reporting workflows to improve organizational access to evaluation findings and data interpretation

Boys and Girls Clubs of Carson (BGCC), Carson, CA: 2023 - August 2025

- Supported implementation of a multi-method evaluation plan
- Conducted on-site observations of after-school programming
- Analyzed data from key data sources and reported findings in deliverables
- Presented key findings to stakeholders
- Created automated reports to allow for organizational data use

Zippy's Friends SEL Program, Premier Academy, Nairobi, Kenya: 2021 - 2022

- Assisted in conducting an evaluation to determine the efficacy of a socioemotional learning program implemented in a primary school
- Developed relationships with key stakeholders remotely
- Assisted in the development of measures and observation protocols unique to this school and program
- Engaged in evaluation capacity building to promote continued use of evaluation

San Francisco's Department of Children Youth & Their Families: 2019 - 2020

- Assisted with data cleaning and administrative tasks as needed

Education

Ph.D. in Positive Developmental Psychology, Evaluation, & Applied Research

Methods – Claremont Graduate University

- Dissertation: *The Relationship Between Historical Trauma, Ethnic Identity, and Well-Being in Sikh Emerging Adults*

College Teaching Certificate – Claremont Graduate University

Master of Arts in Psychology – Claremont Graduate University

- MA Thesis: *Developmental Assets as Predictors of Program Attendance and Program Experiences in a PYD Informed After-School Program*

Master of Arts in Psychology – California State University, Fullerton

- MA Thesis: *The Development of Hostile Attribution Bias in Physically Abused Children*

Bachelor of Arts in Psychology & Social Behavior – University of California, Irvine

Associate in Arts in Psychology – Irvine Valley College

Technical Reports and Publications

Berry, T., **Uchida, H. K.**, Sloper, M., & Murtaugh, E. (2025). *An Evaluation of After-School All-Stars, Los Angeles: 2024-2025 Final Evaluation Report*. Claremont Evaluation Center, Claremont Graduate University: Claremont, CA.

Berry, T., Sloper, M., Gomez, M., **Uchida, H. K.**, & Shahangian, S. (2025). *Boys & Girls Clubs of Carson (BGCC): 2024-2025 Final Evaluation Report*. Claremont Evaluation Center, Claremont Graduate University: Claremont, CA.

Dhindsa, H., & Rudmann, J. (2023). *Peer teacher honor students implement the Introductory Psychology Initiative*. *Psi Beta Journal of Research* 3(1), 68-75.
<https://doi.org/10.54581/PRNM1641>

Berry, T., **Dhindsa, H.**, Sloper, M., & Beal, L. (2024). *An Evaluation of After-School All-Stars, Los Angeles: 2023-2024 Final Evaluation Report*. Claremont Evaluation Center, Claremont Graduate University: Claremont, CA.

Berry, T., Sloper, M., Gomez, M., **Dhindsa, H.**, & Shahangian, S. (2024). *Boys & Girls Clubs of Carson (BGCC): 2023-2024 Final Evaluation Report*. Claremont Evaluation Center, Claremont Graduate University: Claremont, CA.

Berry, T., **Dhindsa, H.**, Sloper, M., & Gomez, M. (2023). *An Evaluation of After-School All-Stars, Los Angeles: 2022-2023 Final Evaluation Report*. Claremont Evaluation Center, Claremont Graduate University: Claremont, CA.

Berry, T., **Dhindsa, H.**, Sloper, M., Park, T., & Gomez, M. (2022). *An Evaluation of After-School All-Stars, Los Angeles: 2021-2022 Final Evaluation Report*. Claremont Evaluation Center, Claremont Graduate University: Claremont, CA.

Berry, T., Sloper, M., Irei, H., & **Dhindsa, H.** (2021). *An Evaluation of After-School All-Stars, Los Angeles: 2020- 2021 Comprehensive CQI Report*. Claremont Evaluation Center, Claremont Graduate University: Claremont, CA.

- Dhindsa, H.** (2019). *The Development of Hostile Attribution Bias in Physically Abused Children* (Masters Thesis, California State University, Fullerton).
- Beltran-Castillo A., Alvarado L., Madrigal A., Coulumbe S., Connelly E., **Dhindsa H.**, Izumi Y., Forde J., & Uhlman J., (May 2015), *Self-Regulation and Interpersonal Communication* [Abstract]. *Building Bridges 2015: Selected Abstracts of the HTCC Undergraduate Research Conference (Volume 15)*.

Conference Presentations

- Dhindsa, H** (2024) *The Relationship Between Historical Trauma, Ethnic Identity, and Well-Being in Sikh American Emerging Adults*, Paper Presentation presented at Western Psychological Association Annual Conference, San Francisco, California.
- Rudmann, J. & **Dhindsa, H.** (2023). *How We Increase Successful Outcomes in the Introductory Psychology Course – You Can Too!* Symposium Lecture presented at Western Psychological Association Annual Conference, Riverside, California.
- Dhindsa, H.**, Berry, T., Sloper, M. (2022). *Developmental Assets as Predictors of Program Attendance and Program Experiences in a PYD Informed After-School Program*, Paper Presentation presented at Western Psychological Association Annual Conference, Portland, Oregon.
- Dhindsa, H.** (2019). *The Development of Hostile Attribution Bias in Physically Abused Children*. Symposium Lecture presented at Western Psychological Association Annual Conference, Pasadena, California.
- Dhindsa H.**, & Ferguson B. (May, 2018) *Predictors of Academic Achievement: Racial Microaggressions, Perceived Social Support, and School Belongingness*. Presented at Association for Psychological Sciences Annual Conference, San Francisco, California.
- Dhindsa H.**, & Ferguson B. (April, 2018) *Predictors of Academic Achievement: Racial Microaggressions, Perceived Social Support, and School Belongingness*. Presented at Western Psychological Association Annual Conference, Portland, Oregon.
- Dhindsa, H** (April, 2017) *Eye Motion and the Interpretation of Ambiguous Stimuli with an Emphasis on the Effects of Priming*. Presented at Western Psychological Association Annual Conference, Sacramento, California.
- Hong N., Lim A., Serrato E., Demeheri N., **Dhindsa H.**, Marcelo D. M., & Uhlman J., (May, 2015) *The Impact of Classroom Peer Mentors and Cognitive Interventions on Students' Academic Success*. Presented at Western Psychological Association Annual Conference, Las Vegas, Nevada.
- Beltran-Castillo A., Alvarado L., Madrigal A., Coulumbe S., Connelly E., **Dhindsa H.**, Izumi Y., Forde J., & Uhlman J., (May 2015), *Self-Regulation and Interpersonal Communication*. Presented at Western Psychological Association Annual Conference, Las Vegas, Nevada.
- Beltran-Castillo A., Alvarado L., Madrigal A., Coulumbe S., Connelly E., **Dhindsa H.**, Izumi Y., Forde J., & Uhlman J., (May 2015), *Self-Regulation and Interpersonal*

Communication. Presented at Honors Transfer Council of California Annual Conference, Irvine, California.

Open Educational Resources & Curriculum Development

Uchida, H. K. (2026). *Psychology of Learning (Psych 14): Remixed and adapted open educational resource textbook for Irvine Valley College.*

Uchida, H. K. (2026). *Psychology of Learning (Psych 14): Canvas Commons course package including LMS-integrated modules, assignments, assessments, and instructional materials.*

Uchida, H. K. (2025). *Developmental Psychology Childhood-Adolescence (IVC Psyc/HD 7): Remixed and adapted open educational resource textbook for Irvine Valley College.*

Uchida, H. K. (2025). *Developmental Psychology Childhood-Adolescence (IVC Psyc/HD 7): Canvas Commons course package including LMS-integrated modules, assignments, assessments, and instructional materials.*

Teaching Experience

Courses Taught at Irvine Valley College:

Introduction to Psychology (regular and honors), Statistics, Social Psychology, Developmental Psychology, Psychology of Learning, Psychological Aspects of Human Sexuality, Faculty-Mentored Research

Service and Professional Engagement at Irvine Valley College:

- Developed and launched Psychology of Learning (Psych 14), designing the curriculum, course structure, assessments, instructional materials, and online learning environment.
- Developed open educational resources, online course materials, and evidence-based instructional strategies to support student engagement, accessibility, and success in psychology courses.
- Faculty Mentor for Psi Beta Community College National Honor Society in Psychology.
- Member, Institutional Review Board.
- Member, Guided Pathways Social and Behavioral Sciences Committee.

Honors and Awards

Part-Time Teacher of the Year (2022 - 2023) – Irvine Valley College

Psi Beta Advisor of the Year (2022 - 2023) – Irvine Valley College